

**Social Skill Worksheet**  
**Skill: Self-esteem**

Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

**List the three characteristics of each:**

**Finish the following sentences:**

I am \_\_\_\_\_

I am good at \_\_\_\_\_

I like learning about \_\_\_\_\_

My favorite thing about myself is \_\_\_\_\_

When I look in the mirror, I think \_\_\_\_\_

I feel positive about \_\_\_\_\_

I am not \_\_\_\_\_

I would like to try \_\_\_\_\_

I am someone who \_\_\_\_\_

The best thing about me is \_\_\_\_\_

I care about \_\_\_\_\_