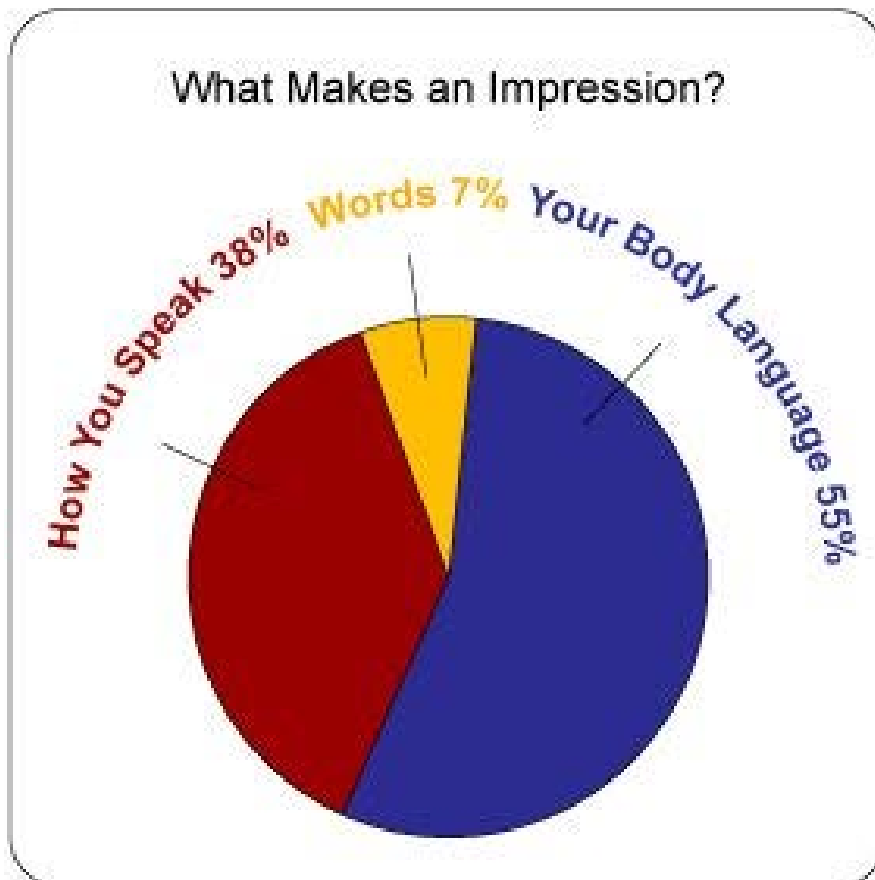


## What is Nonverbal Communication?

Communicating without talking!

Think about a time when you knew someone was happy without them telling you they were happy. Or a time when someone was mad without telling you they were mad.

How could you tell?



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How we communicate without our words can “say” much more than we know! It is important to always think about what your body and face are doing while you’re interacting with someone.

